

OCTOBER EVENTS

2018

sun

mon

tue

wed

thurs

fri

sat

Group Fitness - Push Day
Liv Fit
6:00pm - 7:00pm



1

Movie Night at Fat Cats (\$5)
4321 E Baseline Rd
Gilbert, AZ

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm

2

Hungry Howies Pizza Night

Coffee Chat
The Hub Kitchen
10:00am - 11:00am

Papa John's \$5 Pizza Night
The Hub
5:30pm - 7:30pm

Group Fitness - Leg Day
Liv Fit
6:00pm - 7:00pm

3

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm

4

Group Fitness - Back & Biceps
Liv Fit
5:00pm - 6:00pm

Home Depot Kids Workshop
745 S Val Vista Dr, Gilbert
9:00am - 12:00pm

5

Group Fitness - Push Day
Liv Fit
6:00pm - 7:00pm



7

Movie Night at Fat Cats (\$5)
4321 E Baseline Rd
Gilbert, AZ

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm

8

Group Fitness - Leg Day
Liv Fit
6:00pm - 7:00pm

9

Coffee Chat
The Hub Kitchen
10:00am - 11:00am

Group Fitness - Leg Day
Liv Fit
6:00pm - 7:00pm

10

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Garden Club w/ Sharon
Hub Kitchen, 5:30pm - 6:00pm

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm



11

Group Fitness - Back & Biceps
Liv Fit
5:00pm - 6:00pm

Pancake Breakfast
The Hub
9:00am - 10:00am

12

Group Fitness - Push Day
Liv Fit
6:00pm - 7:00pm



14

Movie Night at Fat Cats (\$5)
4321 E Baseline Rd

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm

15

Billiards Club w/ Coach
The Hub
7:30pm - 9:00pm



14

Hungry Howies Pizza Night

Coffee Chat
The Hub Kitchen
10:00am - 11:00am

Yappy Hour with ALY
Liv Bark Park
5:30pm - 6:00pm

Group Fitness - Leg Day
Liv Fit
6:00pm - 7:00pm

17

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm



18

Group Fitness - Back & Biceps
Liv Fit
5:00pm - 6:00pm

October Fall Festival
5:00pm - 8:00pm



20

Coloring with Joyce
The Hub
5:30pm - 6:30pm

Group Fitness - Push Day
Liv Fit
6:00pm - 7:00pm



21

Movie Night at Fat Cats (\$5)
4321 E Baseline Rd
Gilbert, AZ

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm

22

Group Fitness - Leg Day
Liv Fit
6:00pm - 7:00pm

23

Coffee Chat
The Hub Kitchen
10:00am - 11:00am

Group Fitness - Leg Day
Liv Fit
6:00pm - 7:00pm

Haunted Happy Hour
The Hub
6:00pm - 7:00pm

24

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm



25

Group Fitness - Back & Biceps
Liv Fit
5:00pm - 6:00pm

Create-A-Canvas Paint Party
The Hub
6:00pm - 8:30pm

26

Group Fitness - Push Day
Liv Fit
6:00pm - 7:00pm



28

Movie Night at Fat Cats (\$5)
4321 E Baseline Rd
Gilbert, AZ

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm

29

Group Fitness - Leg Day
Liv Fit
6:00pm - 7:00pm

30

Coffee Chat
The Hub Kitchen
10:00am - 11:00am

Group Fitness - Leg Day
Liv Fit
6:00pm - 7:00pm

Happy Hour Wine Down
Wednesday & Food Truck
The Hub, 6:00pm - 8:00pm

31

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm



27

Group Fitness - Back & Biceps
Liv Fit
5:00pm - 6:00pm

Kid's Klub Painting with ALY
10:00am - 11:00am

27

Group Fitness - Push Day
Liv Fit
6:00pm - 7:00pm



28

Movie Night at Fat Cats (\$5)
4321 E Baseline Rd
Gilbert, AZ

Core, Stability and Stretching
Liv Fit
9:00am - 10:00am

Yoga (Core) Pilates
Liv Fit Yoga Studio
7:00pm - 8:00pm

29

KEY

-  liv sustainably
-  liv connected
-  Event Benefiting Relay for Life
-  liv actively
-  liv interactively
-  Minuteman Mobile Drycleaners Pick Up/Drop Off Days